

**Six Week Dance Classes at the Brewery Arts Center
Co-presented with the High Sierra Swing Dance Club**

**February 17 – March 24th – West Coast Swing and Tango
March 3rd – April 7th – West Coast Swing**

Class format for all classes is 1 hour of instruction followed by ½ hour of practice time to reinforce learning and get clarifications with instructor one on one time.

Price per six week session is \$50.00* for one class, \$90.00* for both. BAC member's discount - \$5.00 per class.

**February 17th – March 24th
West Coast Swing and Tango with Glenn Trinidad**

6:00 to 7:30 pm - WCS Basics - Fundamentals and Foundations

Learn the basics of this fun and versatile club dance! This class will introduce and review the basic building blocks of WCS and provide a natural progression of elements to simplify the learning process and prepare you for a seamless progression into your more intermediate and advanced patterns. Topics to be covered include Timing, Counts, Movement, Basic Elements of sugar push, passes, and whips, Patterns, Footwork, Lead, and Follow. No partner necessary.

About West Coast Swing –

Couples Dancing is making a huge comeback. Knowing what to do when you step out on the dance floor takes dancing to a new level of enjoyment. West Coast Swing is a stylized evolution of the Lindy or Jitterbug. It has a distinctive slot pattern which allows it to fit on a crowded dance floor and gives partners the freedom for individual technique and styling. When you learn the basics of West Coast Swing you can dance with confidence and style in any club setting. WCS can be danced to a variety of music – blues, latin, R & B, jazz even some country songs **7:30 to**

7:30 - 9:00 pm – Argentine Tango

Argentine tango has been thrilling dancers for more than 100 years with its beauty, passion, drama and excitement. If you want to improve your lead / follow skills, learn the tango. Since it is an improvisational dance, communication between leader and follower is crucial. Glenn will teach you how to combine the four tango building blocks of walking, turning, stopping and embellishing while taking a partner with you. You'll learn how to turn, style, pause, play and navigate a crowded floor. You'll also improve your music listening skills so that you can begin adding your own signature to the dance. No partner required.

Why do West Coast Swing Dancers want to learn to Tango?

They want to be better leaders and followers!!!

Tango is a dance you create on the fly with another person. Communication between partners is crucial. Tango isn't about memorized steps that go together the same way every time. You'll learn to walk, turn, stop and embellish in synchrony with your dance partner. You can incorporate Tango steps into your WCS dance. Because of its improvisational nature, learning to Tango also enhances your music listening and interpretation skills. The more styling and embellishment tools each partner brings to the floor, the more interesting, unpredictable and exciting our dance becomes!

**April 7th – May 12th
West Coast Swing with Jim Ewing**

6:00 – 7:30 pm WCS Novice Class

This is a 6-lesson program where the student learns the basic moves of West Coast Swing in a choreographed 10-12 move series. Upon completion the student will feel very comfortable

dancing this dance in public. Additionally, lead/follow techniques, the rules/protocols of swing, dance frame, the music, timing, and other related items are taught.

7:30 – 9:00 pm WCS Intermediate Division

There are several different sets of moves totaling over 100 moves. Each session will add approximately 8-10 moves to the previous moves of the Novice and Intermediate sessions. These are intermediate level moves that are somewhat complicated and are designed to increase the skill level of the student in a progressive manner, yet are sequential so that the student may dance the current series choreography out in public.

About the instructors:

Glenn Trinidad

Glenn is also back at the BAC by request. He is an enthusiastic, caring teacher who will systematically share his knowledge and love of dance with you. He is a certified Pro/Am Dancer, Instructor, and Competitor by both the National Dance Council of America (NDCA) and The Terpsichore Dance Association. Glenn is a freelance independent instructor (Sierra-Nevada Dance Sport) working with Sierra Dance Center in Truckee and Starlite Dance Center in Reno. His goals are to provide top quality group and private instruction and to share what he learns as he prepares for high level competition.

Jim Ewing

Jim is a founding member of the High Sierra Swing Dance Club here in Carson City! He is the man who inspired this group to dance with his patience and enthusiasm! He has been teaching for over 20 years and he's sure to get you dancing! His Primary dance is West Coast Swing, secondary is Hustle and Night Club 2 Step. I'm also trained in Waltz, Cha-Cha, Salsa, Foxtrot, and Rumba. Check out his website at <http://www.wcs-dancer.com> for more information

*Brewery Arts Center charges an additional \$1.50 arts enhancement fee for each class